



FORUM RESOURCES NETWORK

Mitchel Groter



Travels from: Reston, VA, US

Areas of expertise and interest: business development; commercial mediation; corporate culture; emotional intelligence; executive coaching; interpersonal relations;

Programs offered: chapter retreats; forum retreats; forum training; forum tune-ups; moderator training; young adult forum;

Years as facilitator: 20+

Biography

Mitchel has worked in the areas of executive coaching, personal, professional and business development for over 20 years. His career has spanned more than three decades across various industries including Healthcare, TV & Film, and Professional Services and Software. An expert in small-group dynamics and leadership development, Mitchel specializes in building trusting, synergistic and high performance teams. He works one-on-one as well as in group setting to include training seminars and offsite retreat settings.

Mitchel's coaching expertise is the culmination of his experiences in different leadership positions, training, life experiences, and an intense experiential and evidence based coaching education at an accredited school of coaching. As a seasoned and certified executive coach, he has worked with senior leaders and leadership teams in the private and not- for profit sector to identify goals for increasing effectiveness, interpersonal skills and business results. He believes that the success of all his work depends upon forging relationships based on open communication, honesty, trust, unconditional positive regard and respect.

His work draws on practices and disciplines as diverse as Transformational and Positive Psychology, Progressive Business Theories, Emotional Intelligence, Applied Improvisation, the latest research on leadership development, and spiritual principles from the world's wisdom traditions.